

SIZE GUIDE

1. Girgles

2. Tights



How to take measures ?



 Hip size

 Waist size

Use a tape measure.
Please don't
overtighten it.
Don't wear clothes
for get more accurate
results.

Measure the width of
your hips in
taking it well
pelvis, that is to say,
the widest part.

Then, place the tape
measure around your
waist, at the most
"hollowed" part.

GIRDLES

SIZE	FR / EU
L/XL	44/48
XXL	50/52
XXXL	54/60

TIGHTS

SIZE	FR / EU
6	40/44
7	46/52
8	54/58
9	60/64